



**Mully Children's Family  
Canada**   
Saving Children's Lives  
[www.mcfcanada.org](http://www.mcfcanada.org)

# GrandpasCan 2021

June 28 - July 20, 2021



*Spoke 2005, the Canadian Safari  
Safe arrival at the Atlantic Ocean*

Dear Friends of MCF,

2021 is my 17th year of being a volunteer ambassador for the children rescued by Mully Children's Family. It all began in 2004, after reading the Purpose Driven Life, written by Pastor Rick Warren. At that time, in a personal time with God, I offered my ability to ride my bike to Him. I had no idea what that would mean. Shortly thereafter I was made aware of Mully Children's Family by a friend. Some would say, 'The rest is history' I prefer to say, 'The rest is God at work'.

In 2005 I transported 3 MCF beneficiaries, Paul, Lydia and Mumina, 7000 km across Canada in 30 days in rotation on the back of a modified tandem bicycle. I was sure that was a 'one-off' effort on behalf of MCF, until God opened my eyes.

On my cross country trip, I had chosen a random story and picture of a little girl (toddler) named Charity, symbolic of my mission. Her story was not unlike many others. I carried her picture in a water bottle filled half full with water from the Pacific Ocean. The water represented the people of Canada, including the material wealth God has blessed us with. When we reached the east coast, I filled the rest of the bottle with water from the Atlantic Ocean. This water represented Charles & Esther Mulli, their biological children and the staff at MCF. It represented



*Mixing Pacific water with  
Atlantic water, the  
beginning of a life-long  
partnership of serving the  
most vulnerable children  
in society*



*The bottle contains the waters of two oceans. God changed a picture to a real person.*

7000 km, now she sat on my lap for 30 minutes. God opened my eyes to see past the picture and into the eyes of a real child.

I believe that God used that moment to reveal a newfound purpose in my life, which is to be an ambassador for children that have been abandoned by everyone except God. I have chosen ultra-marathon cycling as my platform to do that.

This year I will turn 65 years old. I will attempt to break the Guinness World Record for the fastest time to cycle 10,000 km, which was set by Guus Moonen from the Netherlands in 2010, at 22 days, 15 hours and 34 minutes and 6 seconds. My record attempt will begin on June 28 and hopefully finish on July 20th. (I made an unsuccessful attempt at this record in 2014). To have success on the bike, I will need to cycle 18 hours/day and manage with 4 hours of sleep/night. I don't know if I can do that, but I do know I can do my best, which is all God ever asks of any of us. You can find more information on [www.grandpascan.com](http://www.grandpascan.com). You can follow my progress on my facebook page [here](#).

their commitment to serve the most vulnerable of society. As the two waters mixed, a lifetime partnership to restore HOPE was formed between MCF, Ruth & I, our family and hundreds of friends and MCF supporters.

A few months after my ride across Canada, Ruth and I visited MCF for the first time. We wanted to see firsthand if the stories of transformation of children's lives we had heard and read about, were real. At one of the evening programs, the little children were running around in the back of the room. I held out my arms. A little girl jumped on my lap. It happened to be Charity. I had carried her picture for 30 days and



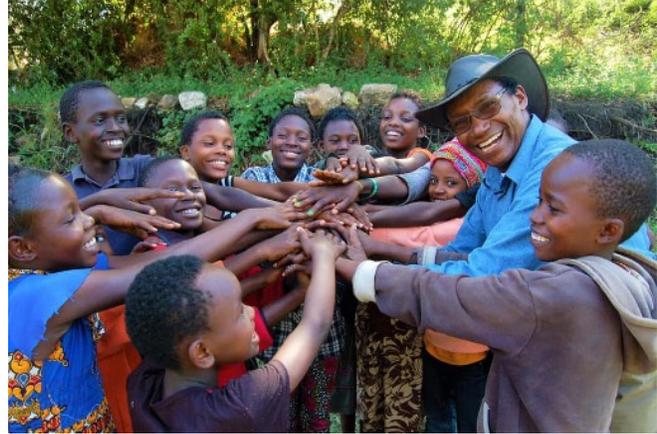
*Avid and Ruth with Charity in 2006*



*Avid and Ruth with Charity (in red) in 2018*



*Esther and some of her children*



*A time to play with Daddy Mulli*



*The public schools around MCF being supplied with much-needed relief food*

The funds raised will go towards food/general operating expenses. \$.50 provides one full meal to a hungry child/adult. In addition to the 4000 children under MCF's direct care, MCF also provides emergency rations to nearby communities and some 20 public schools.

Our children grow up with food, shelter, education, health care and love. The children cared for by Mully Children's Family are deserving of the same.

600,000 meals to the destitute children and adults in the communities around the MCF locations.

With this ride/platform, we are looking to raise \$300,000 and help MCF provide

No amount of effort, commitment and sacrifice on our part will ever exceed the value of a child's life created in the image of God. This includes children that have been abandoned by everyone, except God.

The promise of a future filled with HOPE to a destitute child is ours to give. Please join us in providing HOPE.

**Arvid Loewen — arloewen@gmail.com, 204-996-8758**

Make cheque payable to: MCF Canada

Send to: MCF Canada, PO Box 35027,  
RPO Henderson, Winnipeg, MB, R2K 4J9

Or go to [www.mcfcanada.org](http://www.mcfcanada.org)

Click on 'Donate' and choose 'GrandpasCan'

When our hearts are touched, actions that change lives will follow. The following are testimonials from supporters who have been with us right from the beginning.

“Watch to see where God is at work and join Him in His work.” - Blackaby

Having gotten to know Charles and Esther Mulli, as well as Arvid and Ruth Loewen, who have joyfully sacrificed so much, we soon became convinced that God was doing something very special at MCF. The thousands of children they have rescued from hopeless, desperate situations and given them a loving home, has resulted in so many healthy, highly productive adults. It's a privilege to be part of this exciting and successful ministry!

- Walter and Ruth Ewert, Friends of MCF

We have been keen supporters of Mully Children's Family since 2005 when Arvid and Ruth began their fundraising efforts for them. We also have had an on-site visit in Kenya and were totally impressed with the complete care of the children. Physical, emotional, mental and spiritual. They thoroughly cover each area with excellence. They love those kids. The ingenuity and creativity of the program is very encouraging to us. We trust the Mullis and their team that the money we invest is being used carefully and judiciously with the right priorities. Moreover, we believe their program brings glory and honour to God.

- Herb and Erna Buller, Friends of the Mullis

It is an honour and privilege to support Mully Children's Family for over 17 years. I love Charles and Esther Mulli's mission of reaching destitute children in Kenya with food, clothing, shelter, education and the Gospel of Christ. I am always amazed at the great things God is doing among them. They are a never-ending story of compassion.

- Paul H. Boge, Chairman, MCF Canada,  
Author of 4 Mully books

The faithful love of the Lord never ends!  
His compassions never fail.  
They are new every morning;  
Great is Thy faithfulness.

- Lamentations 3:22-23