



**Mully Children's Family  
Canada**   
Saving Children's Lives  
[www.mcfcanada.org](http://www.mcfcanada.org)

# GrandpasCan 2021

Grandpa Arvid and Grandma Ruth invite **YOU** to ride with them

Have you ever been paid to ride your bike?  
I am offering you something even better.

This year I will turn 65 years old. I will attempt to break the Guinness World Record for the fastest time to cycle 10,000 km, which was set by Guus Moonen from the Netherlands in 2010 at 22 days, 15 hours, and 34 minutes. My record attempt will begin on June 28 and hopefully finish on July 20th. (I made an unsuccessful attempt of this record in 2014.) As you know, the main reason I do this is to raise awareness and funds for Mully Children's Family, a street children rescue mission in Kenya, Africa ([www.mullychildrensfamily.org](http://www.mullychildrensfamily.org)).



Arvid and Ruth with children and grandchildren

## Here is how **YOU** can get involved.

An anonymous donor will donate \$1 to MCF for every km **YOU** ride between now and the end of my GWR attempt.

I am inviting individuals, couples, families, teachers, and students from across Canada & beyond to keep track of the # of km they cycle between now and the end of my record attempt in July. I also need you to donate and/or get pledges for every km you ride.

After the event you would send your donated/raised funds, along with the km cycled, to our field office in Winnipeg. This will then activate the pledge to match everything up to \$100,000.

The funds will go towards food/general operating expenses. \$0.50 provides one full meal to a hungry child/adult. This is a great practical teaching activity for parents/grandparents and their children. For example, if a child cycles one km, someone will

donate \$1 to MCF. That provides 1 meal for 2 children/adults. If these kids then donate/raise another \$1/km in pledges from their friends or families, they provide 4 meals, etc.

Our children grow up with food, shelter, education, health care, and love. The children rescued by Mully Children's Family are deserving of the same.



No amount of effort, commitment, and sacrifice on our part will ever exceed the value of a child's life created in the image of God. This includes children that have been abandoned by everyone—except God.

The promise of a future filled with HOPE to a destitute child is ours to give. Please email me at [loewen.arvid@gmail.com](mailto:loewen.arvid@gmail.com) and let me know you are participating. Just knowing you are riding somewhere is a huge encouragement to me as I train and prepare for the actual GWR attempt. You can contact me at 204-996-8758 or on Facebook by clicking [here](#).

**100,000 km cycled by YOU (and others) generates a \$100,000 match by an anonymous donor. Add to it \$100,000 raised by YOU (and others) and we will provide 400,000 meals for children and adults in need of your help.**

Thank you for providing HOPE!

A handwritten signature in black ink, appearing to read 'Arvid'.

**Arvid Loewen**

Make cheque payable to: MCF Canada  
Memo Line: \_\_\_\_\_ kms cycled  
Send to:  
MCF Canada  
PO Box 35027  
RPO Henderson  
Winnipeg, MB R2K 4J9

**Please share this information with anyone who has a bike and is willing/able to help make a difference.**

