

My name is Pete McAdams I am 43 years old like to ride.

Last winter Arvid Loewen invited me to do something as part of his attempt to lower the Trans Canada bike record. I will be riding from Regina to Winnipeg paralleling Arvid's ride. I have partnered with Eden Healthcare to use my ride to help raise awareness of mental health issues and the work they are doing. Not sure how all that is working out but I'm gonna ride anyway.

I will be starting July 2 and riding out to Regina getting there on the 5rd. I will start back roughly 24 before Arvid expects get to Winnipeg to try and get to Winnipeg about the same time. I will be riding a bike that I built, without using a follow car for support.

If you want to support Eden Healthcare, you can [donate here](#) .
You can follow my [ride here](#) .

